

# s'Alphorn 135





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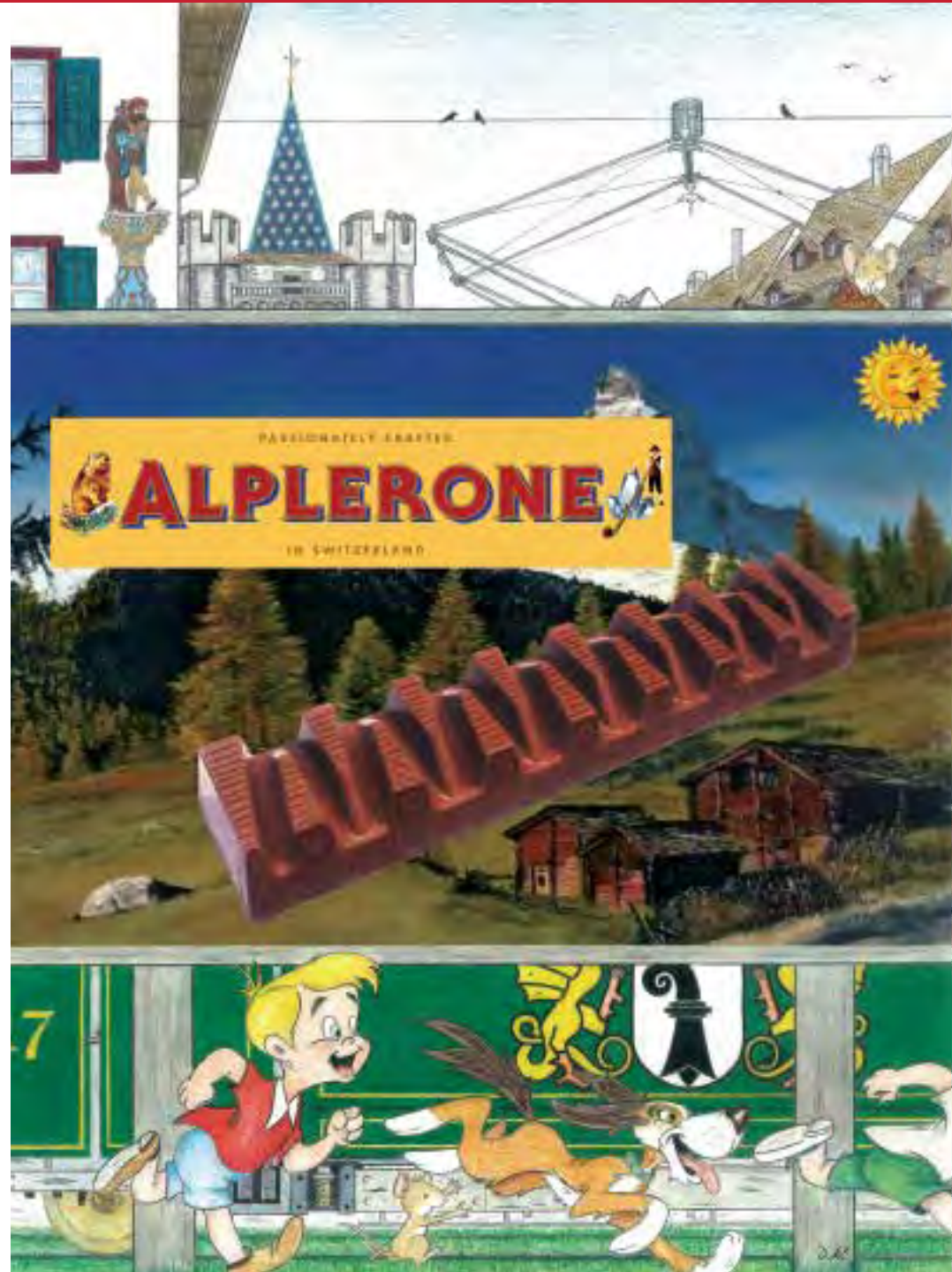
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## Message from the President

Dear Members of the Swiss Association of Hong Kong,  
Dear Readers,

For this year we are proud to present you with your personal copy of the 135th edition of the s'Alphorn magazine. For our community a must read with lots of interesting stories and reviews of past activities among our fellow Swiss friends and families.

The Swiss Association's main focus is in providing a platform for all Swiss living in Hong Kong, to be able to join various events throughout the year which provide the opportunities to meet other Swiss families and friends, network with newly arrived people who need some good advice from those who have lived here for some time.

Our events are to celebrate Swiss traditions including great food and wine from our homeland. Events such as Santa Claus in December, which is great for the kids if they behaved throughout the year, or Raclette in the Park, are very popular and will of course continue to be organised. If you are not yet a member, do not miss those great events within our community and sign up NOW. (see page 66)

As a volunteer organization we always look for members who would like to help and get involved, be it in the committee or helping out in our many events during the year. Please reach out to any of our committee members (see page 8)

In the past years the Swiss Association was also adapting to keep up with the ever growing technical possibilities and as most of you already know, membership fees and events can also be settled online as well as manage your membership status. If any assistance is needed, do not hesitate to reach out to us. We will constantly work on our website ([www.swiss-hk.com](http://www.swiss-hk.com)) to keep it up to date and interesting for all visitors. All feedbacks are welcome.

Thanks to our community in Hong Kong and the help of many volunteers within, we are able to organize over 70 events a year from large ones, such as our National Day to smaller exclusive events. This year will be no different and I want to say thank you to all the volunteers involved in the past and also in this coming year.

Having been not always actively involved in our great Swiss community, I have come to cherish it and getting more involved to give something back. I want to continue to keep our organization an interesting one for our members and fill the year with many great and fun filled events.

I am looking very much forward to serve as president of the Swiss Association and take this as a great honor. A big thanks to our committee members in advance for the great relationship we already have and all the support from all of you as well as from our Consulate General of Switzerland in Hong Kong and the Swiss Chamber of Commerce.

I am certain you will find it interesting flipping the pages of this year's edition of s'Alphorn. I wish you all the best for 2017 !

My best wishes,  
Tobias Luedin  
President of the Swiss Association of Hong Kong



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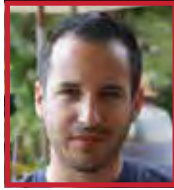




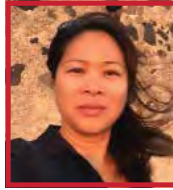
## Committee 2017-2018



**Tobias Luedin**  
President



**Roberto Martinoni**  
1st VP



**San Wang**  
Hon. Secretary



**Roland Jossi**  
Hon. Treasurer



**Verena Mooser**  
Events Coordinator



**Cordula Voegtli**  
Events Coordinator



**Ashley Lau**  
Events Coordinator



**Barbara Hemmi Verburg**  
Events Coordinator



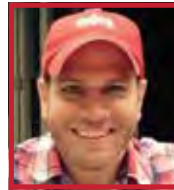
**Michelle Char**  
s'Alphorn Editor&Graphics



**Nicolas Köhl**  
Chief Technology Officer



**Tanja Lecher**  
Swiss School Committee



**Andres Flueckiger**  
Sponsorship Coordinator



**Pietro Immordino**  
Past President

tobias.luedin@swiss-hk.com  
roberto.martinoni@swiss-hk.com  
san.wang@swiss-hk.com  
roland.jossi@swiss-hk.com  
verena.mooser@swiss-hk.com  
barbara.hemmi@swiss-hk.com  
ashley.lau@swiss-hk.com  
cordula.voegtli@swiss-hk.com  
michelle.char@swiss-hk.com  
nick.koehl@swiss-hk.com  
tanya.ssc.hk@gmail.com  
andres.flueckiger@swiss-hk.com  
pietro.immordino@swiss-hk.com

info@swiss-hk.com

The Swiss Association of Hong Kong (SAHK) serves as a focal point for the local Swiss community to socialize, foster friendships, conduct business networking, and meet and engage in activities of common interest.

Throughout the years, the SAHK has welcomed numerous Swiss nationals in Hong Kong and enabled them to maintain and share their heritage and cultural experiences while abroad.

The SAHK organises a variety of activities including monthly luncheons with guest speakers, monthly

Jazz evenings, holiday parties for children and family hikes. The SAHK works closely with other Swiss organisations such as the Consulate General of Switzerland, Swiss Benevolent Society, Swiss School Committee, Swiss Chamber of Commerce, Swiss XI, Swiss Dragon Boat Team, Swiss Sedan Chair Race Team and Swiss Rifle Association.

Membership to the SAHK is open to all Swiss and Swiss related. To find out more, email us at info@swiss-hk.com or visit our website at www.swiss-hk.com



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## New Committee Members



**San Wang**

Born in Vietnam with Chinese parents, growing up in Switzerland, studied in St. Gallen and Zurich, worked and lived/living in Zurich, Singapore and Hong Kong, my life has not been boring so far.

After working in the private banking sector in Zurich and Singapore, I gave up my job to focus on the upbringing of my daughter. When I was a stay-at-home-mom, I had the honour to join the founding members of the committee of the Swiss Association in Singapore for three years, supporting the team as vice-president, webmaster and events coordinator. Five years down the road as a full-time mother, I went back to work and became a staff of the Embassy of Switzerland in Singapore for a few years before following my husband to Hong Kong for his next assignment in 2013, after 10 years living in Singapore. Leaving our beloved second home behind was not easy... and finding ourselves comfortable in vibrant Hong Kong was even tougher.

However, like many newcomers, we soon joined the SAHK and participated in its events which helped us settle in better. Once again, I have realised the importance of such an organisation and have become even more eager to join the committee and help the Swiss community grow closer. After a brief 6 months assignment at Consulate General of Switzerland in Hong Kong, I am now finally an active member of the committee and am delighted to be able to support the team. I am looking forward to meeting you at our events!



**Roberto Martinoni**

I was born in Locarno (Ticino) and grew up in a small village in the beautiful Vallemaggia. I've completed my studies with a Master in Economics at University of Zurich and joined UBS back in 2006 in Switzerland.

For many years my dream was to move to Asia and in 2011 that dream came true with the relocation to Singapore. Together with my wife I've been travelling extensively in the region since then, taking every opportunity in our free time to discover different cultures and astonishing locations while making many new friends.

After 3 years in Singapore we got an offer from our employer to relocate to Hong Kong. We really love this vibrant and dynamic city. We enjoy in particular the beaches, hiking and driving around with our small motorbike to explore the city diversity. A very strong argument for Hong Kong is also the unparalleled culinary and entertainment offer.

In my current professional position as client advisor for Swiss Corporate Clients I'm looking after the banking needs of the Asian subsidiaries of Swiss companies and providing them with various services and solutions. In my job I have the privilege to get to know the activities of the very diverse and innovative Swiss companies with an international presence, and together with my active participation in both the Swiss Association and the Swiss Chamber Young Professional committees to stay in touch with the Swiss and local communities and to meet very interesting people in and outside the professional field.

## Goodbye and Thank You to Simona Pinelli

### Simona Pinelli

After serving as Honorary Secretary for the Swiss Association of Hong Kong for the last five years, Simona Pinelli has returned to Switzerland earlier this year with her family. Simona was not only committed to her role as Honorary Secretary, she was very active and volunteered for a number of SAHK Events. She initiated the monthly Ladies Night and organised the monthly gathering in different venues. It was a great get together for the ladies to catch up and enjoy a good dinner.



Whenever an extra pair of hands was needed for any SAHK Events, Simona would always be there if she was not out of town. We thank Simona again for her commitment and help and wish her the best always.

San Wang has kindly agreed to be our Honorary Secretary with Simona's departure from Hong Kong. The SAHK AGM in March 2017 was organised by San. A big thank you to San for her help.



Xmas Cookies packing volunteer work



Xmas Charity Luncheon Raffle tickets sales



Thanks from Pietro Immordino during Simona's last committee meeting



Simona treated SAHK committee members with Swiss cheese and wines



## Swiss Benevolent Society Committee



**Tobias Brandner**  
President



**Silvan Colani**  
Hon. Treasurer



**Renate Leung**  
Vice President



**Angelina Bussinger**  
Hon. Secretary



**Werner Heimgartner**  
Vice President

### Swiss Benevolent Society (SBS)

The SBS of Hong Kong was incorporated in September 1949 to assist Swiss nationals who encounter financial difficulties in Hong Kong. 30% of SAHK membership fee is contributed to the SBS fund.

Enquiry email : [tobias.brandner@swiss-hk.com](mailto:tobias.brandner@swiss-hk.com)



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[roland.jossi@swissinhongkong.com](mailto:roland.jossi@swissinhongkong.com)

## SAHK Activities Organisers



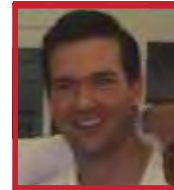
**Thomas Burkhalter**  
Organiser since 2010

### JASSEN CLUB



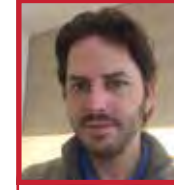
**Werner Heimgartner**  
Organiser since 1990

### DRAGON BOAT TEAM



**Tobias Murer**  
Organiser since 2010

### MELCHTERLI CUP



**Stephane Eroes**  
Organiser since 2015

### SEDAN CHAIR RACE



**Alex Hirt**  
Organiser since 2005

### SWISS GOLF MAFIA



### SAHK ACTIVITIES

A big thank you to all our SAHK activities organisers!

For details, please refer to:  
[www.swiss-hk.com/events](http://www.swiss-hk.com/events)





**Gabriel Mallet**  
President



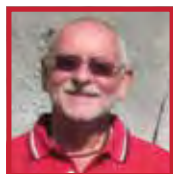
**Jeremie Smaga**  
Representative



**Thomas Müller**  
Hong Kong Representative



**Alexander Luedi**  
President



**Peter Klaus**  
Honorary President



**Jürg Niederberger**  
Vice President

### Swiss Chamber of Commerce (SCCHK)

SCCHK represents the Swiss business community to both the Swiss and HKSAR governments. Regular meetings and luncheons allow members to meet and discuss their common interests. SCCHK also informs members of new government initiatives that might have relevance to them and acts as a lobbying vehicle to promote their interests to the Government.

[www.swisschamhk.org](http://www.swisschamhk.org) [gabriel.mallet@swisschamhk.org](mailto:gabriel.mallet@swisschamhk.org)

### Swiss Chamber Young Professionals

The Young Professionals organise regular social and networking events for the younger members of the SCCHK.

[jeremie.smaga@swisschamhk.org](mailto:jeremie.smaga@swisschamhk.org)

### Organisation of the Swiss Abroad

OSA ensures the interests of Swiss citizens living outside of Switzerland are represented in Switzerland through the 140-strong Council of Swiss Abroad. The OSA also provides information about Switzerland and offers various services such as summer camps for children and young people, and information about emigrating or moving back to Switzerland.

[www.aso.ch](http://www.aso.ch) [aso@swiss-hk.com](mailto:aso@swiss-hk.com)

### Swiss Rifle Association

Founded in 1982, the Swiss Rifle Association organises shooting events and competitions, including the annual Compulsory Shooting and Operation Mercury.

[www.srahk.com](http://www.srahk.com) [alexluedi@netvigator.com](mailto:alexluedi@netvigator.com)

### Swiss XI

Founded in 1977 to offer members of the Swiss community and beyond the opportunity to participate in local amateur football league games.

Jürg Niederberger is Vice President and Manager of XI. He has been in charge since 2006. He is also the Swiss XI article contributor for S'Alphorn for the last three years.

[jniederberger@silverhornadvisors.com](mailto:jniederberger@silverhornadvisors.com)

### NEW OSA DELEGATE 2017-2021

The Organization of the Swiss Abroad (OSA) represents Swiss expatriates' interests in Switzerland. It informs Swiss living abroad about what is happening in Switzerland and provides them with a wide selection of services. The OSA is supported by some 750 Swiss expatriates' associations and Swiss institutions all over the world. It was founded in 1916 and is recognized by the authorities as the representative organ of the Fifth Switzerland. It also provides the magazine "Swiss Review" as well as a wide variety of activities for young Swiss abroad.

**Mr Alex Tunik**, OSA Delegate for 2012-2016 retired this summer at the end of his term. Thank you to Alex Tunik on behalf of the SAHK committee for his contribution and work done for the Swiss citizens in Hong Kong.

Introduction of the new ASO/OSA delegate, **Mr Thomas Müller** was done during the SAHK AGM on 30th March 2017. Thank you to Thomas Müller for his commitment for the coming 4 years.



**Alex Tunik gave a report during the AGM**



**Thomas Müller gave an introduction of himself during the AGM**

### THOMAS MÜLLER

Thomas is 47 years old from Canton Zug and has been a Swiss expatriate for over 22 years having lived and worked in Italy, Greece, United Arab Emirates, Japan and Hong Kong.

He was in Hong Kong for work from 1998-2000, moved back to HK again in 2005 and made HK his home since 2007.

His own business, Zamira Fashion Limited, specialised in the manufacturing of Jeans / Denim Wear supplying leading fashion retailers and clothing brands like Zara, Mango, River Island, P&C and Primark.

He is married to Fae and they have two children. He is a passionate tennis player and loves skiing.

As a family man, entrepreneur, long-term expat and deep-rooted Swiss at heart, he is convinced he will well represent the interests of the Swiss community in HK.

The two annual meetings of the OSA will be combined with his travels as on average he is in Europe monthly.

Some of the topics of main concern are compatibility of education, ability to maintain Swiss banking facilities and access to IV and Health Insurance.



## Annual General Meeting

The 69th Annual General Meeting (AGM) of the Swiss Association of Hong Kong (SAHK) followed by the 45th Annual General Meeting of the Swiss Benevolent Society of Hong Kong (SBS) was held at the **Ladies Recreation Club** on **Thursday, 30th March, 2017**.

The quorum of 50 members of the SAHK was met, hence the meeting was declared to commence.

**Pietro Immordino**, the outgoing president of the SAHK welcomed Consul General Reto Renggli, all guests and members to the event.

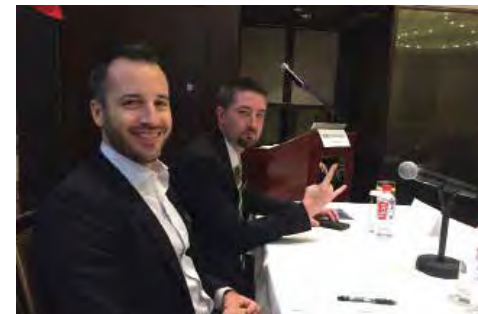
The meeting agenda was as follows:

- Approval of last year's SAHK minutes and year end accounts report read
- The Swiss School report and accounts read
- Approval of SBS minutes and their accounts read
- **Alex Tunik**, the outgoing Hong Kong Representative of ASO gave an update of the ASO congress in Geneva and shared his experiences with the audience.
- Introduction of the new ASO/OSA delegate, **Thomas Müller**
- The traditional Cow Bell Handover from **Pietro Immordino** to **Tobias Luedin**, the newly elected president.

The audience gave a warm applause to the new president, **Tobias Luedin**, and the SAHK committee for their much appreciated efforts made last year.

**Tobias Luedin**, on behalf of SAHK Committee presented a Thank You Gift to **Pietro Immordino** for his dedication and hard work.

We thank all who participated in the AGM meeting either in person or by proxy.



### University of Zurich

#### UZH Alumni and Friends Hong Kong



University of  
Zurich

It is the aim of the UZH Alumni and Friends Hong Kong to provide a platform for discussions on education and research in humanities, arts, law, science and economics, reflecting the inter-disciplinary study fields of the University of Zurich. The platform shall help to strengthen ties between visiting scholars/alumni and the Hong Kong alumni bodies (Universities and Alumni) by inviting them to join and contribute to the events of the UZH Alumni and Friends Hong Kong. Since the start of the Hong Kong UZH Alumni chapter in March 2012 several events have taken place. The UZH Alumni and Friends is open to all alumni of the University of Zurich and to people supportive of their aim. For more information, please contact Tobias Brandner, Chairperson of the UZH Alumni and Friends Hong Kong at [tobias.brandner@alumni.uzh.ch](mailto:tobias.brandner@alumni.uzh.ch) or go to the below website where you will find the link to register your membership & join the UZH Alumni HK <http://www.alumni.uzh.ch/wer-wir-sind/international/hongkong.html>

### University of St. Gallen (HSG)



University of St. Gallen

The HSG Alumni Club Hong Kong was started in 1999 and addresses all alumni of the University of St. Gallen who currently live and/or work in Hong Kong. The HSG Alumni Club Hong Kong is run on an informal basis with 4 to 5 events per year. Our "classic venues" include the Christmas/New Year dinner at the Library of the China Club, the fondue/raclette dinner at the King Ludwig Beerhall in Stanley, as well as the BBQ at the Foreshore Deck of The Hong Kong Country Club. We had also participated in other "joint-alumni events" including Tsinghua University in 2012, the Toronto University in 2013 and the HSG Asia Alumni Meeting. The average attendance per event varies from 20 to 30 people. Some of our members have been living in Hong Kong for more than 20 years, while others are on "short-term" contracts. For more information, please contact Alexandre Tunik, President of the HSG Alumni Club Hong Kong at [tpf@transpacificfareast.com](mailto:tpf@transpacificfareast.com) or go to the website <https://hsgalumni.ch/de/chapters-clubs/uebersicht/>

### ETH Alumni Chapter Hong Kong

**ETH** zürich

The Chapter of the ETH Alumni in Hong Kong was founded on 4th of February 2013. The founding members intend to organize three to four events each year related to current and relevant topics researched and taught at ETH. They are also inviting guest scholars and industry leaders from ETH Zurich to present their areas of expertise to Hong Kong audiences. It is the aim to foster an active and mutually beneficial relationship between ETH University, its alumni and the wider business community in Asia through programs and events. Given the chapter recently are actively seeking contact to alumni of ETH Zurich. ETH alumni based in the region are encouraged to contact Magnus Huber, President of the Alumni Chapter in Hong Kong at [magnus.huber@arctic.ac](mailto:magnus.huber@arctic.ac). To become a member, individuals simply need to register as ETH Zurich Alumni. The affiliation to the local chapter does not incur any additional costs.

### Ecole Hôtelière de Lausanne (EHL) Hong Kong Alumni Chapter



The Hong Kong Alumni Chapter of the Ecole Hôtelière de Lausanne meets at least once a quarter, offering great opportunities for social gatherings and professional networking. It is also a good platform to help both interns and new graduates integrate easily into their new environment. For more information, please go to the website :

<http://aehl.net/eng/hong-kong>



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## Events of the year



### April 2016

- Monthly Joint Luncheon
- Swiss Jass Seven Evening
- Coffee Morning
- 68th SAHK AGM & 44th SBS AGM



### May 2016

- Monthly Joint Luncheon
- Swiss Jass Evening
- Coffee Morning
- Historical Walk
- 3rd SwissCham Golf Tournament
- HEIDI private screening



### June 2016

- Monthly Joint Luncheon
- Swiss Jass Evening
- Coffee Morning
- Ladies Night
- Evening Junk Outing
- Visit to MTR Kowloon Station



### July 2016

- Swiss Jass Evening



### August 2016

- Coffee Morning
- Swiss Jass Evening
- Swiss National Day Celebration



### September 2016

- Monthly Joint Luncheon
- Swiss Jass Evening
- Coffee Morning
- Ladies Night
- Meet & Greet at Shek O

## Events of the year



### October 2016

- Monthly Joint Luncheon
- Coffee Morning
- Swiss Jass Evening
- Ladies Night
- Melchterli Cup 2016
- Night at the Races
- Swiss Alumni Event 2016
- Sedan Chair Race 2016



### November 2016

- Monthly Joint Luncheon
- Coffee Morning
- Swiss Jass Evening
- Ladies Night
- HK Productivity Council Visit
- Introduction to Tian Yan Nei Gong



### December 2016

- Coffee Morning
- Changing Young Life Foundation Visit
- Xmas Charity Luncheon
- Family BBQ with Santa Claus 2016
- Claus Jass Evening



### January 2017

- Monthly Joint Luncheon
- Swiss Jass Evening
- Coffee Morning
- Special Art Events - Private Viewing



### February 2017

- Monthly Joint Luncheon
- Swiss Jass Evening
- Coffee Morning
- Ladies Night
- Guided Foto Tour at F11 Fotomuseum
- New Year Cocktail for the Swiss Community



### March 2017

- Monthly Joint Luncheon
- Swiss Jass Evening
- Coffee Morning
- Raclette in the Park
- 4th SwissCham Open 2017 Golf Tournament
- 69th SAHK AGM & 45th SBS AGM

For upcoming SAHK events, please visit us at [www.swiss-hk.com/events](http://www.swiss-hk.com/events)

For more SAHK event photos, please visit us at [www.swiss-hk.com/blog](http://www.swiss-hk.com/blog)

## Consulate General of Switzerland



**Reto  
Renggli**  
Consul General



**Andreas  
Rufer**  
Deputy  
Consul General



**Reto  
Läderach**  
Consul



**Willy  
Zemp**  
Vice Consul



**Claudia  
Solenthaler**  
Head of Swiss  
Business Hub



**Wing Kai  
Chan**  
Trade Officer



**Richard  
Kurz**  
Assistant to the  
Consul General



**Eva  
Enzler-Kölliker**  
Consular Officer



**Melody Shu Kin  
So**  
Consular Officer



**Winnie  
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Cultural Officer



**Senna  
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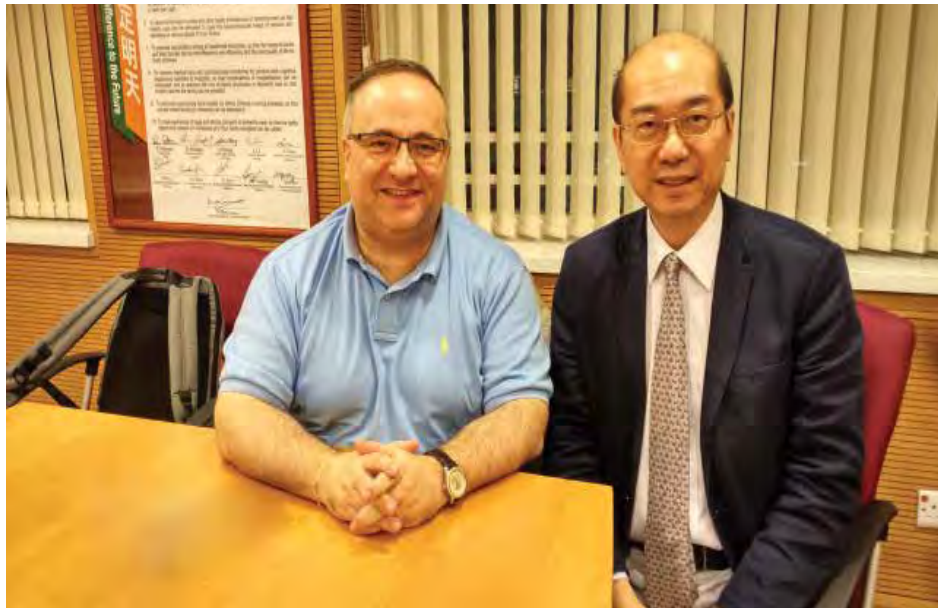
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## Hong Kong Alzheimer's Disease Association (HKADA) Dr. David Dai, Chairman



Pietro Immordino (SAHK President 2016) with Dr. David Dai during the interview

HKADA was established in 1995. It is the first local organization specialized in providing services to people with Dementia and has been running on a fully self-financed, non-profit making basis, without Government subvention. It is Hong Kong's representing member of the international expert in Dementia, the Alzheimer's Disease International (ADI) since 1996.

HKADA provides professional and multi-therapeutic activities/services to people with Dementia and their care givers. It also provides different levels of training and education to professionals, care givers and the public, to enhance their knowledge and skills as to achieve the effects of "Early Detection, Early Treatment, Early Planning". For more information, please visit [www.hkada.org.hk](http://www.hkada.org.hk)

For the year 2016/17, Swiss Association of Hong Kong and Swiss Chamber of Commerce raised HK80,000 to support HKADA by raffle tickets sales during Swiss National Day Dinner celebration and Christmas charity luncheon.

We are thankful to Dr. Dai for his precious time to meet with us and providing more information on Alzheimer's disease (AD) and the situation in Hong Kong.

### 1. Why did Dr. Dai decide to become a Geriatrician to care for the medical needs of the ageing population?

Looking back at his 30 years of medical career, Dr. Dai graduated in 1980 from the University of Hong Kong and started as a respiratory physician.

Five years later, he took his MRCP Exams in the UK, in Glasgow where his unit was attached. He got in touch with Geriatrics in Scotland and was interested in developing a career as a Geriatrician. Since 1985 he has been a Geriatrician till the last day of his retirement with the Hospital Authority public services. He is now with a private organisation to continue to contribute to medical work.

### 2. How can one tell if an elderly family member is simply forgetful or is showing initial mild stage of AD (Alzheimer's disease)?

Forgetfulness is a very common symptom for all ageing persons. The memory of a 60 years old person will not be as good as 20 or 30 years ago. Age related memory change is gradual and slow but this does not mean that one is having a disease. One can compensate and use other strategies to help make decisions and to learn.

However, if one has a pathology in the brain which subsequently becomes a dependent person, his/her memory will deteriorate significantly in one or two years time to cause concern.

The symptoms of a person suffering pathological memory impairment are not immediate. Normally close family

members are the ones who detect them before getting medical help. (e.g. blaming other family members of things that did not happen)

In Asian society like Hong Kong, the normal onset is around 80, 81 or 82 years old. However, there is also early onset for some people in the age group of 50-60.

We are now better informed in the medical field to diagnose people having early onset because the symptoms are different.

In old age Dementia, most people suffer from AD but in younger onset age group, only about 40-50% suffer from AD, 40-50% from other onsets of Dementia eg. Frontotemporal Dementia.

The younger onset group does not present with memory impairment problems but with mood problems which is often thought to be depression relating to midlife crisis or post retirement issues. However, accompanying will also be speech/expression issues and deterioration of social skills. Therefore, being treated for depression will not get better.

### 3. Parkinson disease (PD) is another common type of Dementia. How different is it to AD?

AD - Usually occurs to people aged 80 and above. The pathology is amyloid and tau and they cause synaptic dysfunction so that in between the neurons there is a deficiency in new transmitter called xTau coding that will cause memory problems. The treatment will be to raise

and restore the neurotransmission.

PD -Normally occurs to people around the 70s. It is a long term degenerative disorder of central nervous system that affects motor system. There will be mobility issues with tendency to fall. Cognitive disorder comes on much later, after muscle rigidity and decreased facial expression. The treatment is to restore dopamine.

Like all other chronic disease, there is no medical treatment to cure either AD or PD. Medication only delays the onset process for better quality of life and to stabilise the symptoms

Currently only two groups of medicine specifically to stabilise the conditions of AD 1) cholinesterase inhibitors 2) NMDA receptor blocker.

Treatment for AD will be 30% on medication, 70% on non-drugs treatments like going to the day care centres such as HKADA where they are engaged in cognitive stimulating activities.

In the late stages, when mobility becomes a problem and daily care cannot be supported at home, then the old age home would be the option.

#### **4. Do the public hospitals provide medical help for AD?**

Public hospitals provide medical help in the diagnosis of AD. However, even if a family physician (FP) suspects AD, there is a long waiting time 18-36 months for diagnosis.

HKADA is embarking on projects to train family physicians. It has started in Tseun Wan, next will be in Kwun Tong, follow by Kwai Tsing. Early detection scheme will cut down waiting time. This is not happening in a wide scale but in projects to help ease the problem.

Dementia starts with symptoms, therefore the strategy is to educate FP on early signs as well as to train social workers/professionals to assess based on history and screening tests.

#### **5. WHO is calling Dementia a global public health challenge. Is it known how many people are affected today in HK and what are the predictions in middle term?**

In HK with population of 7-8 million people, there is about 80,000. Age related and globally around 10% of those aged 70 and above, 40% of those aged 80 and above.

The peak in HK will come by 2030 as the age group of 75 and 85 will increase significantly. In Macau it will be 4-5 years behind us while in Greater China, it will be 10 years behind us.

In view of the challenge, it is important to prepare the society adequately. Strategy will be Dementia friendly, adequate diagnostic social support and medicine.

#### **6. How does HKADA raise awareness to the public?**

HKADA promotes and advocates Dementia care and steps to be taken. Training primary medical and social support medical care and home caregivers

To raise public awareness, HKADA is collaborating with HKU in a social project in 2017 called "Cognitive well being across culture for different ethnic groups" or CWAC. Also in the planning stage, CWAC together with COA (Center of Ageing) will organise exhibitions with some talks

#### **7. What is the role of the HK Government in coping with the increasing ageing population?**

Dr. Dai believes in education and capacity building. HK government should capacity build our GP (general physician) to diagnose the symptoms. Diagnosis is very important and should be done within 3 months from suspicion of a case

To increase medical social collaboration because medicine contributes to 30% improvement and the remaining 70% is based on social cognitive stimulating activities.

Since both social welfare and medical & health in Hong Kong are well organised, therefore the building of a strong robust social medical ecology is vital.

Future Dementia friendly nursing homes to be built with special designs/programs

for Dementia patients and biomedical social culturally appropriate.

#### **8. How does HK compare to other countries?**

The best system in the region is Australia followed by HK and Singapore. Australia has the best support from the government in terms of national plans and researches.

In Hong Kong the public health service standard is good and is highly accessible to the general public and therefore long waiting time for specialists' medical help.

Dr. Dai thinks that a reorganisation is needed in that the specialists take on the educative roles to help GP/FP in making diagnosis. The task shifting and task sharing will ease the long waiting time for diagnosis.

Dr. Dai is the Ambassador for East Asia and is helping Macau to set up the AD Center.

#### **9. Is it possible that no one in the family history has AD and then someone is diagnosed with it?**

For old age group, genetic influence play some roles on late onset of Alzheimer's disease (LOAD) .

But as we understand more on Epigenetics, which relates to lifestyles and the environment, this is now more important. E.g. if a person has diabetes or high blood pressure or depression or do not exercise or unhealthy diet or brain injury etc, this may affect the genes and pass onto the next generation.



## Feature

The strategy is midlife intervention i.e. to modify risks/lifestyles and reduce the probability of LOAD

It is important to maintain a healthy lifestyle, raise social economics status and learn life stages skills to reduce stress. Our brains are neuroplastic for learning but they do not know how to handle stress and can be at risk of attack by internal and external stress.

Primary prevention is to raise social economics status so people learn the skills to handle stress, secondary is midlife intervention and tertiary will be diagnosis and this will be costly.

### 10. How far is science today and can we anticipate a breakthrough in the near future?

Like all chronic diseases, only risk factors and not a particular cause for Dementia are found.

Risk factors include age, stress, midlife cardio vascular factors and educational

level based on science.

Epigenetics is also scientifically based for midlife intervention.

There are different theories, the best known is the amyloid i.e. inject antibodies into the brain to tap onto the amyloids but this is normally at a late stage and the results are not promising.

He does not envisage a breakthrough in the near future.

### 11. Mobile devices and its influence on young generation?

Nowadays the younger generation spend long hours on mobile devices instead of socialising, learning how to take on stress, relate to people, identity building, problem solving etc.

They are fast consumers who reply on social media, their behaviour may have negative repercussions as the brains are not just for technical aspects, they are meant to be social.

### USEFUL INFORMATION

Consulate General of Switzerland  
[www.eda.admin.ch/hongkong](http://www.eda.admin.ch/hongkong)

Swiss Government  
[www.admin.ch](http://www.admin.ch)

Schweizer Revue  
[www.revue.ch](http://www.revue.ch)

SwissInfo (International Service of the Swiss Broadcasting Corporation)  
[www.swissinfo.ch](http://www.swissinfo.ch)

Wir Auslandschweizer  
[www.wirauslandschweizer.ch](http://www.wirauslandschweizer.ch)

Hong Kong Government  
[www.gov.hk](http://www.gov.hk)

German Swiss International School in HK  
[www.gsis.edu.hk](http://www.gsis.edu.hk)

French International School in Hong Kong  
[www.fis.edu.hk](http://www.fis.edu.hk)



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E-mail: [cecilialanz@netvigator.com](mailto:cecilialanz@netvigator.com)

Website: [www.axxaglobal.com](http://www.axxaglobal.com)

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Tel: (852) 3422 3611

## Meet & Greet Family BBQ at Shek O Beach

Cordula Voegtle

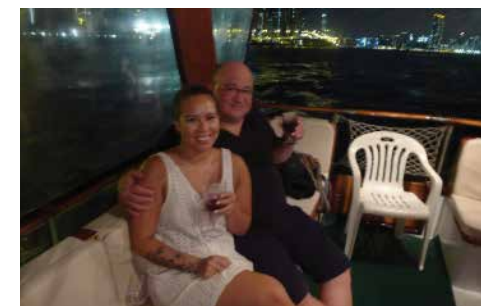


The traditional Meet & Greet took again place at friendly Liu's BBQ at Shek O beach. The family event is a good opportunity for those who have been living in Hong Kong for a while to readjust to the life and weather (humidity) in the city after the summer spent abroad, to meet old friends, mingle with new ones - and for newcomers to Hong Kong, it is a prefect opportunity to meet people in a very relaxed and casual atmosphere. Around 50 adults and children came to spend the afternoon at the beach, chatting, sharing food and wine, playing with the kids in the sand and taking a swim.

We welcomed a couple of families new to Hong Kong - not all of them Swiss - hopefully we will see them again at other events throughout the year.



## Evening Junk Outing






## Monthly Jass



A strong year with great results and close competition until the final evening. The top 3 of the year were:

1. Raffael Morger
2. Tobias Muster
3. Bruno von Siebenthal

On the right is Chlaus Jass Result 2016.



# Jass

## Chlaus Jass Result 2016

### Most participations in 2016

Angela Koechli	13 participations	Box of Chocolate
----------------	-------------------	------------------

### Winner of the first round

Hansrudolf Schmid	885	Ham
Peter Frauchiger	885	Ham

### Winner of the second round

Martin Kleger	981	Salmon
Bruno von Siebenthal	981	Salmon

### Winner of the third round

Lukas Peyer	969	Bergkäse	Bruno von Siebenthal
Urs Wirth	969	Bergkäse	Bruno von Siebenthal

### Winner of the fourth round

Bruno von Siebenthal	1,014	Dry bacon
Philippe Zurcher	1,014	Dry bacon

### Evening result

	Prize	Donor
1 Bruno von Siebenthal 3,703	Spring Moon dinner for 4	Peninsula
2 Martin Kleger 3,244	Hamper	Peninsula
3 Lukas Peyer 3,242	6 bottles of Epesses	
4 Philippe Zurcher 3,204	Night at the races	Brigitta Kammerlander
5 Guido Cherubini 3,059	1'100 HKD Parkin' Shop vouchers	
6 Urs Wirth 3,047	1'000 HKD dining voucher	Pizza express
7 Brigitta Kammerlander 2,882	800 HKD dining voucher	King Ludwig
8 Adrian Ort 2,891	900 HKD Parkin' Shop vouchers	
9 Peter Frauchiger 2,869	800 HKD Parkin' Shop vouchers	Family Seeholzer
10 Rius Jean-Richard 2,802	6 bottles of Czech Cabernet	
11 Angela Koechli 2,799	Box of Chocolate	
12 Thomas Burkhalter 2,780	Fondue dinner	Pacific Club
13 Leo Doeng 2,774	Refund of evening fee	
14 Thomas Thalmann 2,731	Box of Truffle Chocolate	
15 Raffael Morger 2,620	Box of Truffle Chocolate	
16 Christopher Jean-Richard 2,600	Box of Truffle Chocolate	
17 Patrick Lehmann 2,592	400 HKD Parkin' Shop vouchers	
18 Tobias Muster 2,589	2 kg of ham	
19 Joshua Spiggi 2,581	2 kg of ham	
20 Rudy Muller 2,552	Selection of cookies	breadbox.com
21 Erich Spiggi 2,550	1 kg of ham	
22 Max Liechti 2,467	Selection of cookies	breadbox.com
23 Hansrudolf Schmid 2,395	1 kg of ham	
24 Carlo Huerlimann 2,390	Box of Chocolate	
25 Mario Murner 2,379	Box of Chocolate	
26 Michael Ruetti 2,365	Box of Chocolate	
27 Roland Jossi 2,220	Box of Chocolate	
28 Roman Hofmann 2,201	Samichlaus Sack	Brigitta Kammerlander

Jass in Phuket  
November 2016

For upcoming SAHK events, please visit [www.swiss-hk.com/events](http://www.swiss-hk.com/events)

## Night at the Races 2016

Verena Mooser



As is usual with SAHK events, everything was organised and arranged for an incredible night at the Happy Valley Race course, until the weather brought an unexpected surprise. On the day of the race, the HK Observatory issued a black rainstorm alert at mid afternoon, as clouds covered the island and rain started pouring down.

Within a short time, streets transformed into raging rivers, avenues were flooded, and traffic came to a standstill. The big question in everybody's mind at the SAHK was if the races would go on as planned. Could the horses run on such a wet surface? Would the water clear from the roads in time for people to arrive? After several calls with race track officials, it was confirmed: The races were on!

And so the guests started arriving, in small groups or by themselves, most of them even making it in time for the first race. After the chaos in the city in the afternoon, the rain stopped, the skies cleared and we enjoyed an amazing evening with great food, exciting bets, and good company. On two occasions, a race track guide took the guests to the ground floor to take a close look at the horses before they started running, and the friendly staff also supported those betting explaining the different modalities they could place their bets.

*Picture on the right from South China Morning Post showing the flood in Causeway Bay*

*Black rainstorm warning issued by HK Weather Observatory on 19th October, 2016 when we had "Night at the Races".*



## Shau Kei Wan Historical Walks

Verena Mooser



Buddha's birthday was the perfect day to visit this traditional area in the north-western corner of Hong Kong Island. As soon as we left the MTR station we could see that this was no ordinary day: Colourful flags, drums and cymbals, people dressed up in traditional costumes were a delight for eyes and ears.

But before we looked at the traditional celebrations, under the guidance of Mr Wordie we explored a hidden anti-aircraft battery site, a short hike uphill from the bustling commercial area. There we learned about Hong Kong's role during the Second World War and the fate of the Salesian Mission and the soldiers stationed in the area when the Japanese invaded. We also walked past one of the old quarries, where much of the granite used in buildings here and abroad was cut out of the mountains.

Back in the old town area, we spent quite a bit of time admiring the dragons and lions dancing through the streets, and listening to the rhythms of the musical bands that mark their steps. In spite of the loud music, we learned about the relationship between the lion and dragon dancers with the local triads, which also control the wholesale fish market situated in the area, and thoroughly enjoyed ourselves. The walk ended in front of the Coastal Defence Museum, housed in what used to be Lei Yue Mun Fort, built over 100 years ago. On our way there, we passed Basel street, named after the Basel Mission (now Tsung Tsin Mission of Hong Kong), which established their first church in this area in 1862.

## Werner Bischof-Hong Kong 1952: Guided Tour at F11 Fotomuseum

Barbara Hemmi



16 SAHK members joined the private tour of the Werner Bischof 1952 exhibition at the F11 Photographic Museum. Located in an restored Art Deco Building in Happy Valley, the privately owned museum is a true gem to be discovered. **Werner Bischof**, the renowned late Swiss Magnum Photographer, captured our interest with his adventurous life and his great and beautiful documentation of Hong Kong in the 1950s. How different life had been in Hong Kong at that time! Werner Bischof managed to capture so much of these times in his black and white photographs, showing old street life, lively fish markets, children on the streets and at school, the society at the Happy Valley race course or at the governor's house among many more subjects.



## Swiss National Day Celebrations



## Swiss National Day Celebrations





## Swiss National Day Celebrations



## Swiss National Day Celebrations





## Swiss National Day Celebrations



## Swiss National Day Celebrations



### Close encounter with major typhoon at the Swiss National Day Dinner celebration Michelle Char

After months of meetings and planning in preparation of Swiss National Day (SND) celebration, the Big Day finally arrived! Everything was ready except we had a difficult decision to make, that is, whether to postpone the event or go ahead because the Hong Kong Weather Observatory just announced in the morning that the major typhoon Nida was fast approaching and with a high probability of hoisting signal 8 later that day.

In the end, the SND committee decided to go ahead but the program was condensed for the evening. We were very blessed that the signal 8 was hoisted at 8:45pm and by then all had eaten a good dinner and some even won great prizes from the lucky draw.

As the public transportation would stop in a few hours after the signal 8 announcement, a number of participants had to leave. For those who remained, they enjoyed themselves till the end.

A memorable and very unforgettable evening and our thanks to:

- \* Swiss Consul General Reto Renggli and the staff of the Consulate General of Switzerland
- \* Our Sponsors
- \* Volunteers who helped at the event
- \* Our Event Team from Swiss Association of Hong Kong, Swiss Chamber of Commerce, Consulate General of Switzerland and Swiss International Air Lines
- \* All who participated in the event



Family BBQ with Santa Chlaus 2016



Family BBQ with Santa Chlaus 2016





Christmas Charity Luncheon 2016



New Year Cocktail 2017





## Raclette in the Park Cordula Voegtle

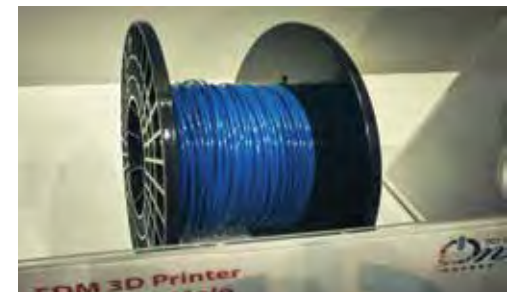
One of our most popular and traditional annual events is the Raclette in the Park. More than 90 people met at Tai Tam Country Park - many familiar faces, new members and their families and even some Swiss guests who happened to be in town that day.

The grey and cool weather was the perfect condition for the melted cheese and the tasty ham which were served by Inge and Stefan Herzog and their team.

Later in the afternoon we shared the BBQ area with a big group of Indians who celebrated the Spring Festival splashing colourful powder on their clothes, hair and faces. That is Hong Kong!



## HK Productivity Council Visit 3D Printing





### Swiss Association & Swiss Chamber of Commerce Monthly Joint Luncheons at The Hong Kong Club April 2016-March 2017



Guest Speaker: Mr. Gordon Orr  
Senior Advisor McKinsey, Board Member Lenovo, Swire Pacific

#### 11th April 2016 Where next for the Chinese economy and implications for Hong Kong?

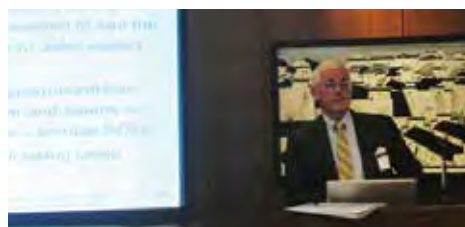
Mr. Orr discussed the prospect for the Chinese consumers and how these forces might create or diminish business opportunities in Hong Kong.



Guest Speaker: Mr. Richard Lancaster  
Chief Executive Officer, CLP Holdings

#### 6th June 2016 Climate Change - COP21 and Beyond: What's in it for Business

Mr. Lancaster explored COP21 through the business lens: how its outcomes could affect business strategy and operations, and what action should companies take.



Guest Speaker: Mr. Steve Vickers  
Chief Executive Officer, Steve Vickers and Associates

#### 9th May 2016 China's Anti-Corruption Campaign – Risks to Foreign Business

The anti-corruption campaign in China poses real risks for foreign investors, both in China and elsewhere, as accusations can prompt "mirror" corruption investigations in the home country as it roots out longstanding patronage networks, alters accepted working practices and dampens sentiment in key market. Mr. Vickers discussed how foreign investors in China thus need to mitigate their exposure, or risk steep penalties.



Guest Speaker: Ms. Barbara Lüthi  
Award-winning Journalist

#### 5th September 2016 Live from China

Ms. Lüthi reported for the SRF from China between 2006 and February 2014, probing the boundaries of what is tolerated in communist China. She shared her experiences and discussed what power does China want to play in the world?

### Swiss Association & Swiss Chamber of Commerce Monthly Joint Luncheons at The Hong Kong Club April 2016-March 2017



Guest Speaker: Ms. Paola Dindo  
Designer, Painter and Restorer

#### 3rd October 2016 Conservation of Paintings in Hong Kong: Insights and Challenges

Ms. Dindo talked about the most common hazards (humidity, human handling, light) that threaten these paintings and how her extensive knowledge and experience have helped to restore and conserve numerous of them. Her interesting insights and anecdotes provided a unique view into the conservation of art in Hong Kong.



Guest Speaker: Ms. Maggie LEE Nga Yee  
Executive Director HKADA

#### 5th December 2016 Christmas Charity Lunch to support HKADA

Ms. Lee gave an insight of the professional services and activities that Hong Kong Alzheimer's Disease Association (HKADA) provides to people with dementia and their care givers. HKADA is a member of Alzheimer's Disease International (ADI). It is running on a fully self-financed, non-profit making basis, without Government subvention.



Guest Speaker: Dr. Simon Ogus  
Founder and CEO of DSGAsia Limited

#### 7th November 2016 Back to a Maoist Future?

Dr. Simon Ogus wrote his doctoral thesis a couple of decades ago concluding at the time that China would ultimately struggle to accommodate the institutional changes required to move beyond middle-income status. He discussed if Xi's rise fundamentally alters this assessment.



Guest Speaker: Mr. Jack Siu  
Vice President of Credit Suisse and Investment Strategist for Asia Pacific

#### 9th January 2017 Global Investment Outlook 2017

Mr. Siu shared his insights on what might be the alternatives to stimulate the global economy and their impact on financial markets. He also discussed the major catalysts or events to watch for in 2017.

### Swiss Association & Swiss Chamber of Commerce Monthly Joint Luncheons at The Hong Kong Club April 2016-March 2017



Guest Speaker: Mr. Raymond LO  
Fung Shui Master

**6th February 2017**  
**Fung Shui Predictions for 2017**

Mr. Lo made interesting predictions for the Year of the Rooster.



Guest Speaker: Mr. Anthony Lam  
Vice Chairman and CEO of the Golden Resources Group

**6th March 2017**  
**Case for Vietnam: Insights from a Successful Entrepreneur**

Mr. Lam gave an exclusive insight view into the current situation in Vietnam including a brief introduction of the country, its history, its culture, its economy and its retail business. Anthony has more than 20 years of business experience in Vietnam and has witnessed the social and economic transformation.

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*Thanks to **Gübelin** for supporting our Joint Luncheon Sessions in 2015/2016*

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*Thanks to **IWC** for supporting our Joint Luncheon Sessions in 2016/2017*



Mr. Gordon Orr



Mr. Steve Vickers



Mr. Richard Lancaster



Ms. Barbara Lüthi



Ms. Paola Dindo



Dr. Simon Ogus



Mr. Jack Siu



Mr. Raymond Lo



Mr. Anthony Lam

Thanks to all our guest speakers who shared interesting topics and valuable insights as well as participated in Q&A discussions during our luncheon sessions.



## SEDAN CHAIR RACE 2017

Stephane Eroes

On October 30th 2016, the Swiss Association Team participated for a 37th year in the Sedan Chair Race. Dressed in traditional Swiss costume (including a stunning black and white cow) and carrying an over-sized pot of boiling cheese Fondue, our team of 8 raced across the 2.1 km "hilly" course stopping only to entertain the crowd with some dancing, yodeling and sharing of chocolates generously donated by SWISS International Airlines with the crowds.

Bettering our previous years' achievements, the Swiss Association Team was voted:

- Champion for "Best Dressed Team"
- Champion for "Team Best Capturing the Spirit of the Event".
- Runner Up for "Most Entertaining Team".

More importantly, our team was able to raise a total of 50,500 HKD in donations from individuals and the Hong Kong Swiss Association to support the Sedan Chair Charities Fund, more precisely in our case 2 charities of our choosing:

- The Child Development Center: [cdchk.org](http://cdchk.org)
- Pathfinders Ltd.: [pathfinders.org.hk](http://pathfinders.org.hk)

We are already looking forward to the 2017 running of the 43rd Sedan Chair Race and will do everything possible to continue the long tradition of winning prizes in the Fun category of the race. One of the awards we would love to take home is the KC Maritime Award for "Best Fundraising: Club or Association"!!! We count on you to achieve this as well as to be part of the 2017 Swiss Association Team on race day.



## 3RD SWISSCHAM OPEN 2017 GOLF TOURNAMENT

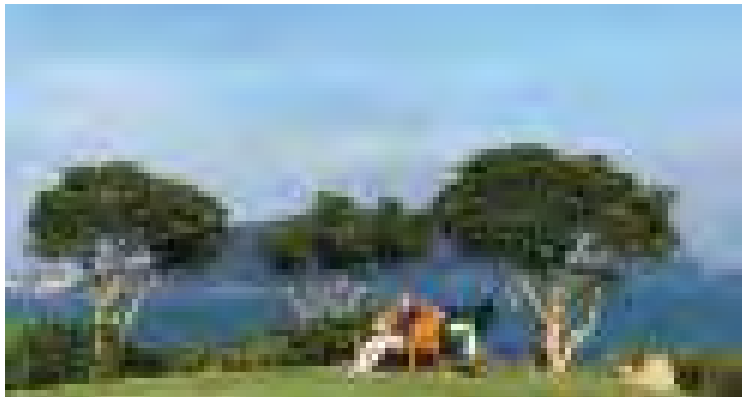
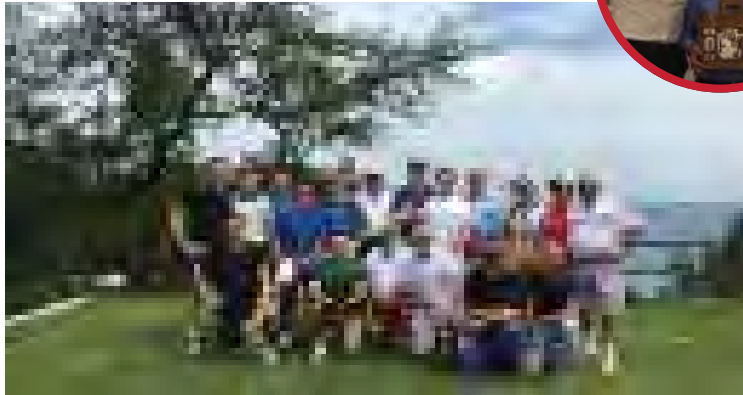


## DRAGONBOAT RACE



## 46th MELCHTERLI CUP 2016

Tobias Murer



## SWISS RIFLE ASSOCIATION OF HONG KONG

Alexander Luedi, President

The Swiss Rifle Association of Hong Kong completed its 34th Shooting Season with the traditional Compulsory and Field-Shoot (Obligatorisches und Feldschiessen) in March, and with the Operation Mercury, a shooting competition held every November since 1982.

Participation is unchanged strong from the over 40 active members, and competition from our friends and owners of the shooting range in Sheng Shui ,The RHKR Sport Shooting Association, fierce.

The two shooting competitions are always a great day outdoors, accompanied with Grillbratwurst, Cervelats and Meatloaf, and not to forget the traditional cutting of the "Scharfer Max" cheese for the sharp shooters!

For 2017 it is the intention to hold a Young Shooters course (Jungschützen Kurs) in March 2017, which all Hong Kong resident Swiss men and women(!) who have attained the age of 15 prior to the course date can attend.

We shall report of this new event hopefully in next issue of the s'Alphorn.

Swiss Army trained Hong Kong residents can join the Swiss Rifle Association by contacting any active member, or the President via the details shown on the website of the Swiss Association.





## WIKIPEDIA ENTRY - "Swiss XI"

Jürg Niederberger

Swiss XI ("Jois eleven") is an amateur football club based in Hong Kong that competes in the Yau Yee League ("YYL"). Founded in 1977, the club has been a founding member of the Yau Yee League and has since competed mostly in the first division, but also had some stints in the second and third division (just never in the fourth division). Swiss XI declared that it is a competitive club which organises weekly trainings while not forgetting its social side. At the moment Swiss XI also participates in the Power Soccer indoor 5-a-side league.

Swiss XI had its first major success in 1979 when it won the YYL 6-a-side tournament, a feat that was only repeated 35 years later in 2014. Along the years, there were some up and downs, but arguably the most successful period started in 2005 and continues to last to the present day.

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- 2)Stadium
- 3)Crest and Colours
- 4)Support
- 5)Rivalries
- 6)Records
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- 9)Swiss XI Ladies
- 10)Players
  - a.First Team Squad
  - b.Other Players under contract
- c.Reserves and Academy
- 11)Notable Players
- 12)Notable Managers
- 13)Swiss XI Legends – Hall of Fame
- 14)Honours
  - a.Domestic
  - i.Leagues
  - ii.Cups
  - iii.Other
  - b.International
- 15)Go-Away Trips
- 16)External Links



Full Name	Swiss XI (pronounced "Swiss eleven")
Nicknames	Swisses / Reds
Short Name	Swiss
Founded	1977; 40 years ago
Ground	King's Park – Pitch 1
Capacity	787 (can be expanded to 978)
Owner	Members from all over the world
President	Peter Klaus
Honorary President(s)	Albert Hausammann Andy Raishbrook
Vice President	Jürg Niederberger
Manager	Jürg Niederberger
Coach	Marco Klaus
League	Yau Yee League
2016-17	1st division (since 2008)
Website	Facebook "SwissXI"
Home Colours	Red shirts / White shorts / Red socks
Away Colours	White / White / White

## History

Swiss XI was founded in 1977 by Peter Klaus and Albert Hausammann.

## Stadium

Over the years, Swiss XI played on every (grass, astro turf, hard-surface) football pitch there is in Hong Kong, including the Mongkok Stadium, which has an official capacity of 6'769 (journalists still argue whether the stadium witnessed a "sold out" event or not)

## Crest and Colours

Of course, Swiss XI always stayed loyal to its country's colours and has always played in a red and/or white combination. There were some shorter periods of time when the away kit was not following this unwritten rule, but eventually Swiss XI always found its way back. The crest shows a Swiss cross swished to the right with a black "Swiss XI" and two black Chinese characters depicting the (obvious) "Hong Kong".

## Support

Swiss XI is one of the most liked amateur teams in the entire Hong Kong SAR, without doubt. This fact does not always result in higher season tickets sale, but it becomes obvious when people talk about Swiss XI.

## Rivalries

This is a widely disputed topic. Surely there are the German All-Stars (currently a team full of ... Brits), there are the Boca Seniors, the GGFC (Galloping Gweilo FC), the Antonhill and then there were teams that do not exist anymore, like the Mobsters and the French Dragons.

## Records

Records are here to be broken. However, some of the Swiss XI records seem "unbreakable":

- Most goals scored: Rene Bühlmann with 132 (still active), Peter Bachmann with 66 (still active), Sven Häfliger with 65 (retired), Andrea Benenati with 30 (retired)
- Oldest scorer: Peter Bachmann with 46.8 years (still active)
- Most competitive games played: Jürg Niederberger with 256 games (retired), Peter Bachmann with 216 games (still active), Marco Klaus with 205 games (still active)

## Finances

In a previous s'Alphorn the claim was made that Swiss XI is the richest club in Hong Kong. That claim was never disputed and so remains valid. It is a self-financed club and the different treasurers did a good job over the years, with maybe one exception when the club's bank account was plundered in the 90s and the treasurer has been on the run ever since.

## Sponsorship

Any serious club relies on sponsorships, and so Swiss XI is not different. Over the years, sponsorship deals took different forms but in recent years it was always linked to a shirt sponsor contract. To name just a few, the generous sponsors were (in order of past to current); Edward Keller AG, The Swiss Chalet, Ziggy's Fine Food, Julius Baer AG, Swiss Sure Ltd (current), UBS AG (current).

## Swiss XI Ladies

Every well-groomed football player enjoys to be watched by the opposite gender. The title of the "Swiss XI Lady" goes without doubt to Natalie Bühlmann, who braves wind and rain to be there for all Swiss XI games, sometimes even when Mr Bühlmann is not playing.

## Players

Swiss XI used to be an all Swiss team, then over the years, the expat contracts were cut down by the big corporations and with that the (young) Swiss contingent in Hong Kong was drastically reduced. In the late 90s, it was so "bad" that there was a Swiss XI that did not feature any Swiss

players. Since then, that has changed and for the last ten years the majority of players were **Swiss**. Having said that, since 2011, through some lucky coincidence, Swiss XI became a magnet for Japanese players. In recent seasons, Swiss XI was therefore a Swiss / Japanese collaboration with some added blood from Hong Kong, Canada, Germany and Britain. Shall the multicultural set-up continue forever.

### Notable Players

Historians are never of the same opinions, but mostly because memory fades. Swiss XI was able to produce some gems, or then more likely was able to get some “past the due date” former gems into its squad. Undisputed notable players that were proudly wearing Swiss XI colours were Andy “Quickie” Raishbrook (see also under Notable Managers), Sven Häfliger (Golden Boot winner in 2006), Frank “Nr 10” Preusse, Marco Klaus and Rene Bühlmann (see also under Records)

### Notable Managers

Swiss XI is not a hire and fire club, but occasionally there is just no other choice (yes, there were some managers that were “asked to step down”). Some names that have done a lot for Swiss XI are Heinz Käch, Jean-Paul Cuvelier, Werner Heimgartner, Andy Raishbrook (longest serving Manager in Swiss XI history - 1999 to 2009), Jürg Niederberger (second longest serving Manager – 2009 to present), Marco Klaus and Franco Foschi.

### Swiss XI Legends – Hall of Fame

Every football team produces legends, for some famous and infamous achievements, and Swiss XI is not different.

Two of such legends are the founding members, Peter “El Presidente” Klaus and Albert “Tic Tac” Hausammann. Not only made they everything possible with the start of Swiss XI in 1977, but they are still the most loyal supporters, while both of them are currently in their 70s (and not that anybody could tell). Another such legend is Wayne “the beer” Beer. Wayne was a die-hard Swiss XI supporter, somebody who made sure that nobody left thirsty, but also somebody who would talk no-nonsense when it came to post-match TV interviews. Wayne was every players’ nightmare until ... the first post-match drinks were shared together. We shall always remember Wayne. And then there is Andy “Quickie” Raishbrook. A stalwart Swiss XI supporter first on the pitch as a player, then off the pitch as a manager and coach. These days he can be considered as the man in the background, the invisible man who arranges multi-million dollar transfers, deals with officials and just makes sure Swiss XI is what it is today.

### Honours

Swiss XI won many cups and awards over the last forty years. In fact, so many that the Swiss XI museum was created in the late 80s. The many trophies and memorabilia are currently in storage while the Swiss XI museum is being extended with an additional wing.

YYL 6-a-side wins: 2 (1979 / 2014); YYL Cup runner-up: 1 (1994; lost in penalties); YYL Cup semi-final: too many times (last in 2016); Nomads Manila tournament runner-up: 2; 5-a-side World Championship participation: 1 (Dubai in 2013)

### Go-Away Trips

A major part of Swiss XI’s culture is the social gatherings following competitive football games. Additionally, GAT (Go-Away Trips) are organised in order to celebrate in style after a long, tough season. The first of such a GAT trip took place in Bangkok back in 1977 while the last was in Kyoto. In between, Thailand was visited on not less than 15 occasions, Philippines 5 times, Indonesia 4 times plus trips to Japan, South Korea, Taiwan, Vietnam, Malaysia, Cambodia.

### External Links

For all the latest news and gossip: Facebook “Swiss XI”

For the tables, fixtures, results: [www.yauyeeleague.com](http://www.yauyeeleague.com)

For all the s’Alphorn Swiss XI season summaries: [www.swiss-hk.com](http://www.swiss-hk.com)







**Tanja  
Lecher  
President**

tanja.ssc.hk@gmail.com



**Veronika  
Schoeb-  
Mezzanotte  
Vice-President  
Liaison to FIS**

vschoeb@yahoo.com



**Bettina  
Blank  
Legal and  
Liaison to GSIS**

bettinablank@yahoo.com



**Marc  
Hediger  
Treasurer and  
Liaison to FIS**

marchediger@yahoo.com



**Reto  
Läderach  
Representative  
of the Swiss  
Consulate**

lre@eda.admin.ch

## SWISS STUDENT GRADUATES 2016



GSIS Abitur Graduates Stefan Hess and Vanessa Grossholz (with Tanja Lecher, SSC and Andreas Rufer, Deputy Consul General)



GSIS IB Graduate Stewart Hug (with Doris Spirig, SSC and Andreas Rufer, Deputy Consul General)



FIS IB Graduates Lucas Mawhinney and Romane Cercy (with Reto Renggli, Consul General, Marc Hediger, SSC and Christian Soulard, Proviseur FIS)

### HEIDI

#### Swiss German Original Version in Hong Kong



The SSC took the initiative and brought the new "HEIDI" movie to HK – in original Swiss-German version. A total of 600 primary students and teacher of GSIS and 120 FIS students and teachers were invited by the SSC to watch the movie. Feedback was overwhelming and we made a lasting "Swiss" impression at both schools with this activity. Another private screening was organized and more than 350 Swiss Association members, their families and friends enjoyed a great Swiss afternoon at the HEIDI movie.



### RACLETTE BOOTH GSIS Bazaar 2016

As in previous years, Inge and Stefan Herzog's Raclette booth at GSIS's Christmas bazaar was the winner of "most popular attraction of the event"!



Although the setting was a bit different this year, as for the first time, the Raclette stalls had to be moved indoors due to heavy rain and strong winds. Nevertheless almost 200kg of Raclette cheese and 50kg of Gammon ham was sold and the GSIS Cafeteria smelled like a real "Chäs-Stübli" for several days after the bazaar.

### “East meets West” for GSIS Primary Students



On the initiative of the Swiss teacher and Deputy Primary Department Head, **Priska Erni**, the GSIS Primary Department organized for all children from Kindergarten up to Year 5 a Swiss event, called “East meets West”.

Three Swiss artists taught the kids about various Swiss traditions and in individual workshops they were able to try “jodeln, löffe, Alphorn” etc.

It was a very big success bringing traditional Swiss culture to Hong Kong and the children and teachers alike had a great time.



#### **Priska Erni, Deputy Head of German Primary at German Swiss International School**

Priska arrived in Hong Kong in August 2013 to work as primary teacher at GSIS Campus in Wan Chai. She is the Deputy Head of GSIS Primary Department. Together with the Swiss School Committee, she took over more responsibilities and officially promoted more Swiss culture and “Swissness” to GSIS students.



#### **Flavian Züger, Head of History, History and English Teacher at German Swiss International School**

Flavian joined the German Swiss International School in August 2014 at the Peak Campus. He teaches History in bilingual classes and English in the German Secondary Department. Aside from that, he is Class Teacher of class K09A. As Head of History he is responsible for the support of the Head of Department, to ensure good professional practice and to maintain high standards of teaching and learning.



#### **Erika Dell'Orto, Head of Art, Art Teacher, “Deutsch als Fremdsprache, DaF” Teacher and Religion Teacher at German Swiss International School**

Erika has been teaching at GSIS since 1981. She has many responsibilities and is working in both the English and German stream. During the subject “Schweizer Landeskunde”, which is taking up two weekly lessons, students are learning all about Swiss geography, national sports, instruments, political structure and culture.



#### **Florent Taïlamée, Primary Teacher at French International School**

Florent joined the French International School in January 2017 at Jardine's Lookout Campus. He is a French teacher in the bilingual section (CE1). He holds bimonthly meeting for the Swiss French Children at FIS.



#### **Stephanie Rowold, Kindergarten Teacher at German Swiss International School**

Stefanie is originally from Bern and has been living in Hong Kong since January 2011. Before starting as a full-time teacher at GSIS Kindergarten at Pok Fu Lam Campus, she was a substitute teacher for many years.

**A BIG THANK YOU TO ALL THE SUPPORTERS AND SPONSORS OF THE SWISS SCHOOL COMMITTEE**



Swiss International Airlines, Migros Hong Kong Ltd., Kaegi, DKSH, Lindt & Sprüngli, Franke, Consulate General of Switzerland in Hong Kong.

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